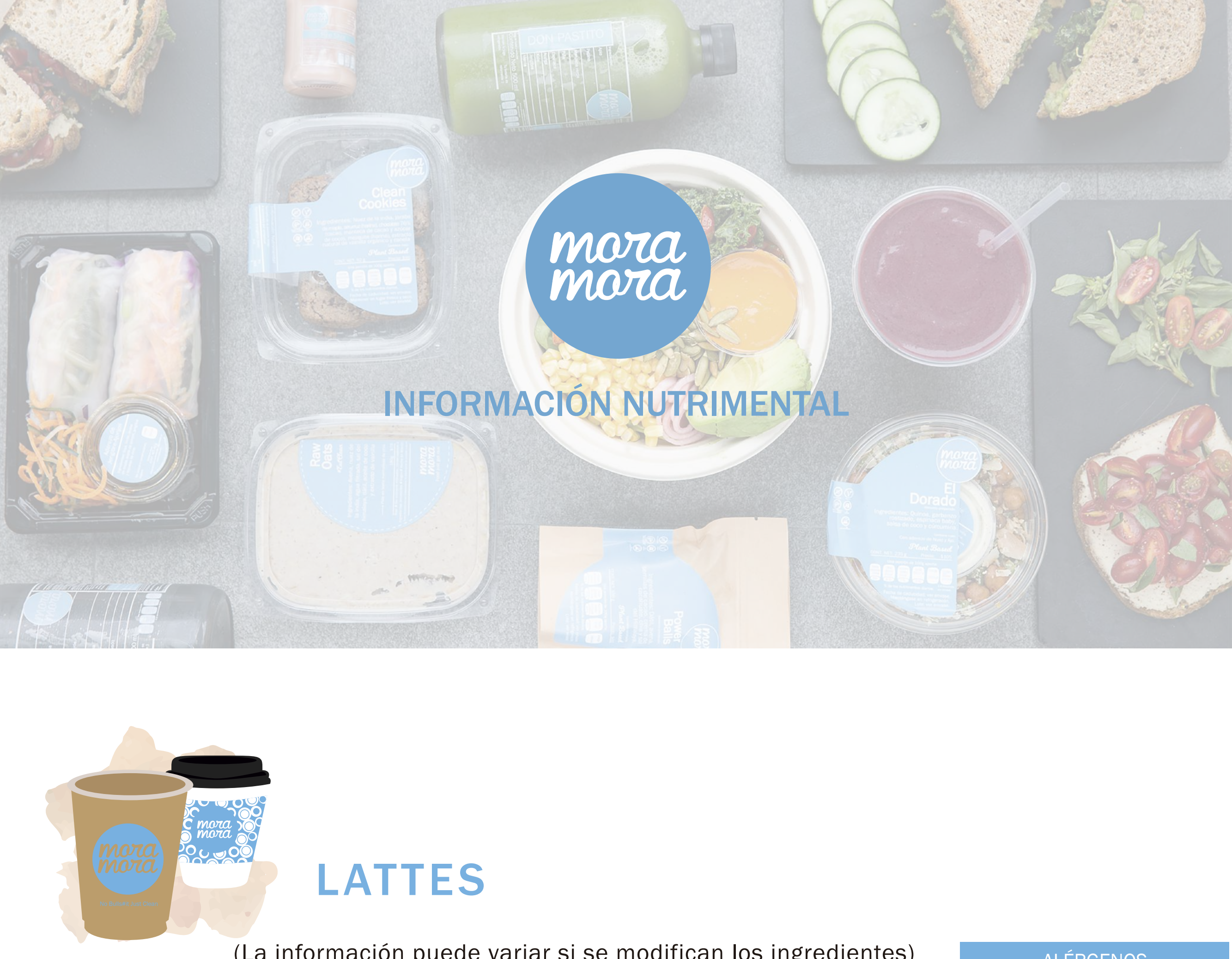




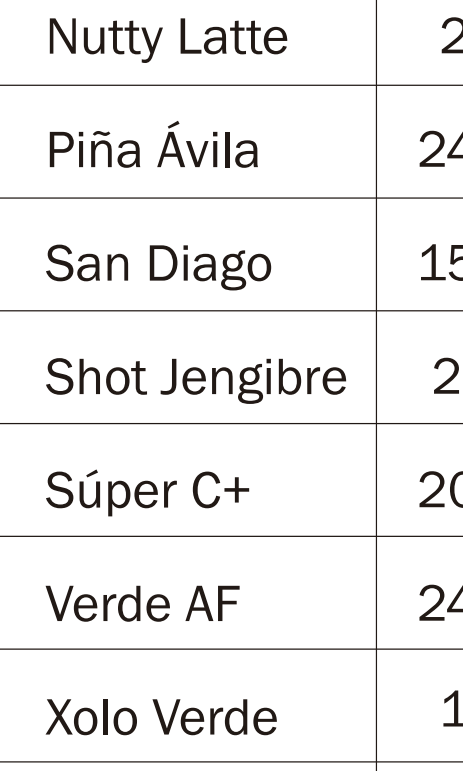
## INFORMACIÓN NUTRIMENTAL



## LATTES

(La información puede variar si se modifican los ingredientes)

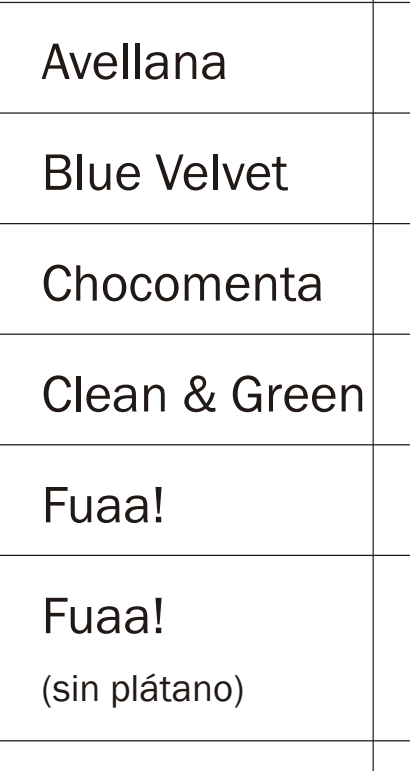
| PRODUCTO                        | Contenido energético (kcal) | Contenido energético (kJ) | Grasa total (g) | Grasa saturada (g) | Sodio (mg) | Carbohidratos totales (g) | Fibra | Azúcares (g) | Proteína (g) | ALÉRGENOS                            |      |        |
|---------------------------------|-----------------------------|---------------------------|-----------------|--------------------|------------|---------------------------|-------|--------------|--------------|--------------------------------------|------|--------|
|                                 |                             |                           |                 |                    |            |                           |       |              |              | Cacahuete, nuez, almendra o avellana | Soya | Glúten |
| Cold Brewed Coffee              | 4                           | 11                        | 0               | 0                  | 2          | 1                         | 0     | 1            | 0            |                                      |      |        |
| Ginger Latte (almendra)         | 163                         | 743                       | 12              | 1                  | 24         | 12                        | 4     | 6            | 6            |                                      |      |        |
| Ginger Latte (nuez de la india) | 160                         | 433                       | 9               | 1                  | 4          | 18                        | 1     | 2            | 3            |                                      |      |        |
| Golden Latte (almendra)         | 225                         | 1205                      | 20              | 2                  | 36         | 17                        | 6     | 8            | 9            |                                      |      |        |
| Golden Latte (nuez de la india) | 255                         | 688                       | 15              | 2                  | 3          | 28                        | 2     | 2            | 4            |                                      |      |        |
| Matcha Latte (almendra)         | 187                         | 761                       | 12              | 1                  | 22         | 15                        | 4     | 5            | 8            |                                      |      |        |
| Matcha Latte (nuez de la india) | 183                         | 451                       | 9               | 1                  | 2          | 22                        | 1     | 1            | 5            |                                      |      |        |
| Vegan Latte (almendra)          | 157                         | 710                       | 12              | 1                  | 22         | 10                        | 4     | 5            | 6            |                                      |      |        |
| Vegan Latte (nuez de la india)  | 153                         | 400                       | 9               | 1                  | 2          | 17                        | 1     | 1            | 3            |                                      |      |        |



## JUGOS

(La información puede variar si se modifican los ingredientes)

| PRODUCTO      | Contenido energético (kcal) | Contenido energético (kJ) | Grasa total (g) | Grasa saturada (g) | Sodio (mg) | Carbohidratos totales (g) | Fibra | Azúcares (g) | Proteína (g) | ALÉRGENOS                            |      |        |
|---------------|-----------------------------|---------------------------|-----------------|--------------------|------------|---------------------------|-------|--------------|--------------|--------------------------------------|------|--------|
|               |                             |                           |                 |                    |            |                           |       |              |              | Cacahuete, nuez, almendra o avellana | Soya | Glúten |
| Betabella     | 241.8                       | 1,026.4                   | 1               | 0                  | 99         | 56                        | 0.5   | 29           | 2.7          |                                      |      |        |
| Don Pastito   | 144.6                       | 613.3                     | 1               | 0                  | 81         | 31                        | 0.1   | 15           | 3            |                                      |      |        |
| El Místico    | 100                         | 425                       | 0               | 0                  | 16         | 24                        | 0     | 10           | 1            |                                      |      |        |
| Fire Shot     | 23                          | 97.5                      | 0.2             | 0                  | 3          | 5                         | 0.1   | 0.9          | 0.4          |                                      |      |        |
| Green Warrior | 126                         | 528                       | 6               | 0                  | 129        | 19                        | 5     | 13           | 5            |                                      |      |        |
| Guerrero      | 131.8                       | 559                       | 1               | 0                  | 4          | 29                        | 0.3   | 21           | 2            |                                      |      |        |
| Jugo de Apio  | 48                          | 222                       | 0.0             | 0                  | 0          | 11                        | 1.00  | 0.0          | 2.4          |                                      |      |        |
| Limón Partido | 139.4                       | 591.2                     | 1               | 0.0                | 3          | 33                        | 1.4   | 15           | 1            |                                      |      |        |
| Nutty Latte   | 218                         | 912                       | 10              | 4                  | 2          | 15                        | 4     | 2.4          | 5            |                                      |      |        |
| Piña Ávila    | 240.6                       | 1,021.3                   | 1               | 0                  | 10         | 56                        | 0.1   | 38           | 2            |                                      |      |        |
| San Diego     | 156.4                       | 663.7                     | 0.8             | 0                  | 5          | 35                        | 0.2   | 31           | 2.5          |                                      |      |        |
| Shot Jengibre | 23.8                        | 101                       | 0.2             | 0                  | 6          | 5                         | 0     | 0.6          | 0.5          |                                      |      |        |
| Súper C+      | 205.1                       | 870.7                     | 0.9             | 0                  | 7          | 46.9                      | 0.2   | 42.5         | 2.5          |                                      |      |        |
| Verde AF      | 244.6                       | 1,038                     | 1               | 0                  | 55         | 54                        | 0.1   | 22           | 5            |                                      |      |        |
| Xolo Verde    | 113                         | 479                       | 1               | 0                  | 124        | 21                        | 2     | 0.3          | 7.0          |                                      |      |        |
| Zana Zana     | 205.4                       | 871.7                     | 1               | 0                  | 82         | 46                        | 0.3   | 24           | 3.4          |                                      |      |        |



## SMOOTHIES

(La información puede variar si se modifican los ingredientes)

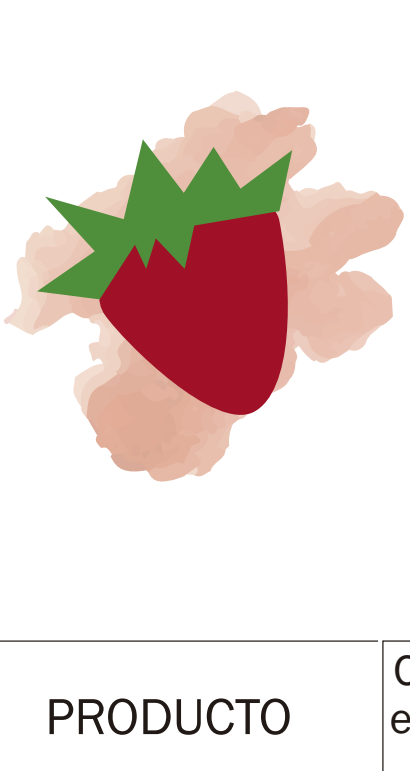
| PRODUCTO            | Contenido energético (kcal) | Contenido energético (kJ) | Grasa total (g) | Grasa saturada (g) | Sodio (mg) | Carbohidratos totales (g) | Fibra | Azúcares (g) | Proteína (g) | ALÉRGENOS                            |      |        |
|---------------------|-----------------------------|---------------------------|-----------------|--------------------|------------|---------------------------|-------|--------------|--------------|--------------------------------------|------|--------|
|                     |                             |                           |                 |                    |            |                           |       |              |              | Cacahuete, nuez, almendra o avellana | Soya | Glúten |
| ABC                 | 561                         | 2347                      | 34              | 5                  | 42         | 57                        | 14    | 28           | 22           |                                      |      |        |
| Açaí Especial       | 414                         | 1731                      | 23              | 3                  | 40         | 54                        | 12    | 28           | 11           |                                      |      |        |
| Açaí Mora           | 167                         | 700                       | 6               | 1                  | 13         | 31                        | 7     | 15           | 3            |                                      |      |        |
| AMM                 | 501                         | 2094                      | 30              | 4                  | 45         | 57                        | 12    | 28           | 14           |                                      |      |        |
| Avellana            | 408                         | 1708                      | 17              | 3                  | 18         | 66                        | 11    | 37           | 9            |                                      |      |        |
| Blue Velvet         | 209                         | 875                       | 2               | 0                  | 9          | 51                        | 6     | 12           | 2            |                                      |      |        |
| Chocomenta          | 278                         | 1161                      | 5               | 2                  | 6          | 61                        | 7     | 34           | 4            |                                      |      |        |
| Clean & Green       | 396                         | 1659                      | 17              | 2                  | 34         | 61                        | 12    | 35           | 12           |                                      |      |        |
| Fuaa!               | 558                         | 2336                      | 26              | 3                  | 21         | 65                        | 12    | 32           | 27           |                                      |      |        |
| Fuaa! (sin plátano) | 427                         | 1785                      | 29              | 4                  | 19         | 25                        | 8     | 10           | 26           |                                      |      |        |
| El Azul             | 334                         | 1399                      | 13              | 3                  | 149        | 42                        | 8     | 22           | 20           |                                      |      |        |
| Matchacate          | 653                         | 2734                      | 28              | 6                  | 252        | 77                        | 13    | 35           | 35           |                                      |      |        |
| Mora Mora           | 174                         | 728                       | 2               | 0                  | 5          | 42                        | 6     | 22           | 3            |                                      |      |        |
| No Mangoos          | 211                         | 881                       | 1               | 0                  | 5          | 54                        | 6     | 13           | 2            |                                      |      |        |
| Pérame Jengibre     | 144                         | 603                       | 0               | 0                  | 9          | 41                        | 8     | 26           | 2            |                                      |      |        |



## SMOOTHIE BOWLS

(La información puede variar si se modifican los ingredientes)

| PRODUCTO      | Contenido energético (kcal) | Contenido energético (kJ) | Grasa total (g) | Grasa saturada (g) | Sodio (mg) | Carbohidratos totales (g) | Fibra | Azúcares (g) | Proteína (g) | ALÉRGENOS                            |      |        |
|---------------|-----------------------------|---------------------------|-----------------|--------------------|------------|---------------------------|-------|--------------|--------------|--------------------------------------|------|--------|
|               |                             |                           |                 |                    |            |                           |       |              |              | Cacahuete, nuez, almendra o avellana | Soya | Glúten |
| Avellana      | 355                         | 1486                      | 13              | 2                  | 10         | 63                        | 10    | 35           | 7            |                                      |      |        |
| Clean & Green | 292                         | 1222                      | 9               | 1                  | 19         | 55                        | 10    | 32           | 8            |                                      |      |        |
| Fuaa!         | 506                         | 2117                      | 22              | 3                  | 14         | 61                        | 10    | 30           | 25           |                                      |      |        |
| El Azul       | 281                         | 1177                      | 9               | 2                  | 138        | 39                        | 7     | 20           | 18           |                                      |      |        |
| Matchacate    | 458                         | 1917                      | 12              | 4                  | 232        | 67                        | 10    | 32           | 30           |                                      |      |        |



## AÇAÍ BOWLS

(La información puede variar si se modifican los ingredientes)

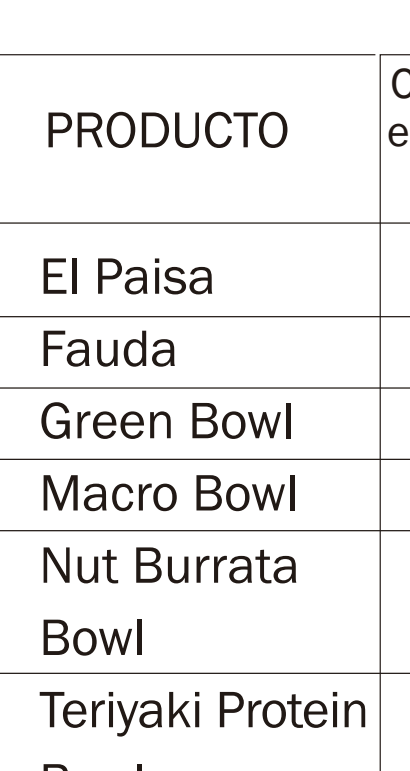
| PRODUCTO      | Contenido energético (kcal) | Contenido energético (kJ) | Grasa total (g) | Grasa saturada (g) | Sodio (mg) | Carbohidratos totales (g) | Fibra | Azúcares (g) | Proteína (g) | ALÉRGENOS                            |      |        |
|---------------|-----------------------------|---------------------------|-----------------|--------------------|------------|---------------------------|-------|--------------|--------------|--------------------------------------|------|--------|
|               |                             |                           |                 |                    |            |                           |       |              |              | Cacahuete, nuez, almendra o avellana | Soya | Glúten |
| ABC           | 456                         | 1910                      | 26              | 4                  | 27         | 50                        | 12    | 25           | 18           |                                      |      |        |
| Açaí Especial | 278                         | 1163                      | 15              | 2                  | 25         | 39                        | 9     | 20           | 7            |                                      |      |        |
| Açaí Mora     | 165                         | 692                       | 6               | 1                  | 12         | 31                        | 7     | 15           | 3            |                                      |      |        |
| AMM           | 396                         | 1657                      | 22              | 3                  | 31         | 50                        | 10    | 25           | 10           |                                      |      |        |



## TOASTS

(La información puede variar si se modifican los ingredientes)

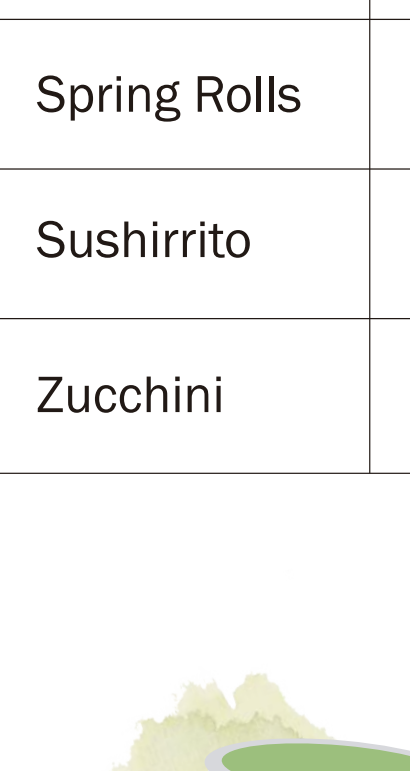
| PRODUCTO                            | Contenido energético (kcal) | Contenido energético (kJ) | Grasa total (g) | Grasa saturada (g) | Sodio (mg) | Carbohidratos totales (g) | Fibra | Azúcares (g) | Proteína (g) | ALÉRGENOS                            |      |        |
|-------------------------------------|-----------------------------|---------------------------|-----------------|--------------------|------------|---------------------------|-------|--------------|--------------|--------------------------------------|------|--------|
|                                     |                             |                           |                 |                    |            |                           |       |              |              | Cacahuete, nuez, almendra o avellana | Soya | Glúten |
| Avo Toast (ezeikiel)                | 214                         | 895                       | 10              | 1                  | 94         | 28                        | 7     | 2            | 11           |                                      |      |        |
| Avo Toast (masa madre)              | 253                         | 1059                      | 10              | 1                  | 20         | 37                        | 6     | 2            | 10           |                                      |      |        |
| Brekkie Muffin                      | 369                         | 1544                      | 23              | 3                  | 104        | 20                        | 7     | 1            | 27           |                                      |      |        |
| Ceprese Toast (ezeikiel)            | 221                         | 924                       | 14              | 2                  | 82         | 21                        | 5     | 0            | 7            |                                      |      |        |
| Ceprese Toast (masa madre)          | 260                         | 1088                      | 14              | 2                  | 8          | 30                        | 3     | 1            | 7            |                                      |      |        |
| Cashew Cheese Sandwich (ezeikiel)   | 295                         | 1235                      | 15              | 2                  | 164        | 37                        | 9     | 0            | 12           |                                      |      |        |
| Cashew Cheese Sandwich (masa madre) | 373                         | 1562                      | 15              | 2                  | 16         | 55                        | 6     | 1            | 11           |                                      |      |        |
| Cashew Cheese Sandwich (muffin)     | 235                         | 984                       | 15              | 2                  | 99         | 22                        | 6     | 1            | 9            |                                      |      |        |
| Nuts and Jelly (ezeikiel)           | 364                         | 1523                      | 20              | 3                  | 79         | 26                        | 7     | 1            | 26           |                                      |      |        |
| Nuts and Jelly (masa madre)         | 403                         | 1687                      | 20              | 3                  | 5          | 35                        | 5     | 1            | 25           |                                      |      |        |
| Superfood Sandwich (ezeikiel)       | 284                         | 1190                      | 10              | 1                  | 169        | 44                        | 11    | 2            | 15           |                                      |      |        |
| Superfood Sandwich (masa madre)     | 363                         | 1517                      | 10              | 1                  | 21         | 62                        | 8     | 3            | 14           |                                      |      |        |
| Superfood Sandwich (muffin)         | 224                         | 939                       | 10              | 1                  | 104        | 29                        | 8     | 3            | 12           |                                      |      |        |



## GRAINZ CON ADEREZO

(La información puede variar si se modifican los ingredientes)

| PRODUCTO                        | Contenido energético (kcal) | Contenido energético (kJ) | Grasa total (g) | Grasa saturada (g) | Sodio (mg) | Carbohidratos totales (g) | Fibra | Azúcares (g) | Proteína (g) | ALÉRGENOS                            |      |        |
|---------------------------------|-----------------------------|---------------------------|-----------------|--------------------|------------|---------------------------|-------|--------------|--------------|--------------------------------------|------|--------|
|                                 |                             |                           |                 |                    |            |                           |       |              |              | Cacahuete, nuez, almendra o avellana | Soya | Glúten |
| El Paisa                        | 464                         | 1970                      | 35              | 6                  | 127        | 27                        | 6     | 4            | 15           |                                      |      |        |
| Fauda                           | 233                         | 964                       | 19              | 3                  | 15         | 16                        | 2     | 1            | 2            |                                      |      |        |
| Green Bowl                      | 256                         | 1046                      | 23              | 3                  | 8          | 5                         | 1     | 0            | 8            |                                      |      |        |
| Macro Bowl                      | 649                         | 2753                      | 54              | 8                  | 131        | 32                        | 7     | 4            | 15           |                                      |      |        |
| Nut Burrata Bowl                | 515                         | 1626                      | 36              | 4                  | 97         | 41                        | 12    | 2            | 20           |                                      |      |        |
| Teriyaki Protein Bowl           | 523                         | 2473                      | 27              | 2                  | 871        | 60                        | 15    | 9            | 24           |                                      |      |        |
| Sr. Togarashi (pan ezeikiel)    | 241                         | 1024                      | 16              | 2                  | 281        | 22                        | 5     | 0            | 8            |                                      |      |        |
| Sr. Togarashi (pan masa madre)  | 280                         | 1173                      | 16              | 2                  | 207        | 31                        | 4     | 1            | 7            |                                      |      |        |
| Töstavo (pan ezeikiel)          | 195                         | 859                       | 10              | 2                  | 172        | 23                        | 6     | 2            | 8            |                                      |      |        |
| Töstavo (pan masa madre)        | 235                         | 1008                      | 10              | 2                  | 98         | 32                        | 4     | 2            | 7            |                                      |      |        |
| Pesto sandwich (pan ezeikiel)   | 390                         | 1782                      | 23              | 3                  | 316        | 42                        | 10    | 1            | 14           |                                      |      |        |
| Pesto sandwich (pan masa madre) | 469                         | 2080                      | 23              | 3                  | 168        | 60                        | 7     | 2            | 13           |                                      |      |        |
| Zanahorias Golden               | 43                          | 181                       | 2               | 0                  | 20         | 7                         | 3     | 2            | 1            |                                      |      |        |
| Esquites de la Mora             | 155                         | 649                       | 6               | 1                  | 83         | 29                        | 5     | 4            | 2            |                                      |      |        |
| Baby Salad                      | 148                         | 596                       | 12              | 2                  | 92         | 8                         | 2     | 1            | 4            |                                      |      |        |
| Verde Quinoa                    | 86                          | 411                       | 3               | 1                  | 52         | 14                        | 3     | 0            | 3            |                                      |      |        |
| La Fresita                      | 71                          | 296                       | 0               | 0                  | 3          | 17                        | 1     | 15           | 1            |                                      |      |        |



## ADEREZOS Y VINAGRETAS

(La información puede variar si se modifican los ingredientes)

| PRODUCTO                       | Contenido energético (kcal) | Contenido energético (kJ) | Grasa total (g) | Grasa saturada (g) | Sodio (mg) | Carbohidratos totales (g) | Fibra | Azúcares (g) | Proteína (g) | ALÉRGENOS                            |      |        |
|--------------------------------|-----------------------------|---------------------------|-----------------|--------------------|------------|---------------------------|-------|--------------|--------------|--------------------------------------|------|--------|
|                                |                             |                           |                 |                    |            |                           |       |              |              | Cacahuete, nuez, almendra o avellana | Soya | Glúten |
| Aderezo de Jengibre y Ajonjolí | 83                          | 340                       | 3               | 0                  | 8          | 12                        | 1     | 0            | 3            |                                      |      |        |
| Aderezo de Nuez y Ajo          | 44                          | 180                       | 0               | 0                  | 12         | 11                        | 2     | 0            | 2            |                                      |      |        |
| Aderezo Tahini                 | 47                          | 199                       | 3               | 0                  | 88         | 5                         | 1     | 3            | 1            |                                      |      |        |
| Aderezo Tumeric                | 30                          | 142                       | 2               | 1                  | 0          | 3                         | 1     | 0            | 1            |                                      |      |        |
| Cashew Guajillo                | 52                          | 248                       | 4               | 1                  | 1          | 2                         | 1     | 0            | 3            |                                      |      |        |
| Green Goddess                  | 31                          | 155                       | 3               | 0                  | 19         | 1                         | 0     | 0            | 0            |                                      |      |        |
| Pesto                          | 255                         | 1046                      | 23              | 3                  | 8          | 5                         | 1     | 0            | 8            |                                      |      |        |
| Vinagreta de Especias (zaatar) | 191                         | 783                       | 19              | 3                  | 3          | 5                         | 0     | 1            | 0            |                                      |      |        |

Count nutrients over calories.