



Spreadin'
HUMMUS.
— not —
HATE

MENU



OUR BRANDS

100% Powered By Plants



*For bulls#!t
free mornings*

Toasts, bowls,
smoothies and lattes
for a perfect start to
your day



*More than just
salads*

Chilaquiles, molletes,
grain bowls and more



*Burgers fallen
from heaven*

Hamburgers, fries, nachos
and other heavenly creations



*The nicest
ice cream*

Dairy free, bulls#!t
free, totally delicious
nicecreams

LOCATIONS

• **mora Insurgentes**



• **mora Roma**



• **mora Bosques**



• **mora Lomas**



• **mora Interlomas**



• **mora Duraznos**



• **mora Polanco**



• **mora Artz**



• **mora Condesa**





TOFU
Never
CAUSED A
PANDEMIC



**The supermarket with more than 700
totally plant based products**

Good for you, and good for the planet



www.mora-market.com

- Organic produce
- Bulk nuts & seeds
- Products by *mora mora*
- Bakery

- Snacks & desserts
- Beverages
- Home supplies
- and more!



Scan to
see more!



@MoraMoramx



@moramora_mx





mora
mara
JUICE BAR

No processed foods
beyond this point

SMOOTHIES

Only the freshest fruit



-250 kcal



+15g protein



keto

All milks, spreads and butters are homemade by mora mora

Sugar free smoothies made with a pure açaí puree base

Any modification to the original recipe has an extra charge. Ask at the counter



Mora Mora \$110

Water+coconut nectar, blueberry, strawberry, banana, pineapple and açaí puree



Blue Velvet \$130

Water+coconut nectar, mango, blueberry, cold pressed ginger and açaí puree



Açaí Mora \$160

Strawberry, banana, blueberry, water+coconut nectar and date honey



Açaí Especial \$170

Banana, strawberry, almond milk and date honey



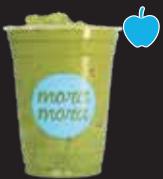
Açaí AMM \$170

Banana, strawberry, almond milk, date honey, peanut butter and açaí puree



Açaí ABC \$190

Almond milk, strawberry, banana, almond butter, date honey, cacao nibs and cinnamon



Pérame Jengibre \$75

Water+coconut nectar, kale, spinach, cold pressed ginger, pear and chia



Chocomenta \$95

Water+coconut nectar, banana, mint leaves, cacao nibs, date honey and raw spirulina



Curcumangos \$95

Water+coconut nectar, mango, pineapple, banana, ginger and turmeric



Pinky Promise \$125

Mango, pineapple, strawberry, water+coconut nectar, powdered dragon fruit, basil and date honey



El Azul \$130

Water+coconut nectar, almond milk, banana, pear, vanilla protein, maca, hemp and blue spirulina



Clean & Green \$125

Almond milk, banana, pear, spinach, kale, raw spirulina and date honey



Fuaa! \$120

Cold brew, almond milk, banana, almond butter, cacao nibs, cinnamon and maca



El Ave Llana \$95

Almond milk, pear, banana, cacao nibs, date honey and hazelnuts



Matchacate \$140

Almond milk, vanilla protein, banana, matcha, avocado and oats

SMOOTHIE BOWLS

Smooth AF



-250 kcal



+15g protein



keto

All milks, spreads and butters are homemade by mora mora

ALL SMOOTHIE BOWLS INCLUDE 3 TOPPINGS:

- Banana
- Strawberry
- mora mora granola
- Hemp
- Cacao nibs
- Coconut flakes

Ask about
our seasonal
toppings!

Sugar free bowls made with a pure açaí puree base

**Açaí Mora \$185**

Strawberry, banana, blueberry, water+ coconut nectar and date honey

**Açaí Especial \$195**

Banana, strawberry, almond milk and date honey

**Açaí AMM \$195**

Banana, strawberry, almond milk, date honey and peanut butter

**Açaí ABC \$205**

Strawberry, banana, almond butter, date honey, cacao nibs, almond milk and cinnamon

Bowls made with a mora mora almond milk base

**Fuaa! \$150**

Cold brew, banana, almond butter, cacao nibs, cinnamon and maca

**Clean & Green \$155**

Banana, pear, spinach, kale, raw spirulina and date honey

**El Ave Llana \$125**

Banana, pear, cacao nibs, date honey and hazelnuts

**Matchacate \$170**

Vanilla protein, banana, matcha, avocado and oats

Add protein

pea+rice blend

Vanilla or chocolate \$35

Add to the blend

• Raw spirulina	\$20
• Greens (spinach+kale)	\$17
• Adaptogen boost (reishi, ashwaghanda and maca)	\$20

Extra toppings

• Blueberry	\$20
• Almond Butter	\$25
• Cashew Butter	\$25
• Peanut Butter	\$15

**El Azul \$155**

Water+coconut nectar, almond milk, banana, pear, vanilla protein, maca, hemp and blue spirulina

**Pinky Promise \$155**

Mango, pineapple, strawberry, water+ coconut nectar, powdered dragon fruit, basil and date honey

COLD PRESSED JUICES

Made daily in our production plant. 100% fruit & veg.



-250 kcal



+15g protein



keto

Cold pressing is the only technique that keeps all nutrients, vitamins and enzymes from the fruits and vegetables when they're turned into juice. They're processed without heat and they're pressed, extracting the pulp. CHANGES IN INGREDIENTS NOT AVAILABLE.

Ask about our seasonal cold pressed juices!



Xolo Verde \$90

Celery, cucumber, lettuce, lemon, spinach, chard, kale, cilantro, mint, wheatgrass, parsley and ginger



Don Pastito \$95

Green apple, pineapple, cucumber, spinach, celery, chard, kale, ginger and mint



Super C+ \$85

Orange, grapefruit, pineapple, ginger and mint



Betabella \$95

Carrot, green apple, beet, ginger and spirulina



Zana Zana \$75

Carrot, orange, pineapple, lemon and turmeric



Limón Partido \$90

Water, lemon, green apple, ginger, activated charcoal and chia



Verde AF \$105

Green apple, lettuce, spinach, chard, jicama, kale and lemon



El Místico \$110

Water, green apple, lemon, ginger, maple and blue spirulina



Shot, shot, shot!

•Fireshot \$40

Ginger, lemon, and cayenne pepper

•Shot de Jengibre \$40

100% cold pressed ginger



Guerrero \$55

Orange, ginger, cayenne pepper, lemon and oregano oil



Jugo de apio \$75

100% celery juice



Green Warrior \$65

Celery, cucumber, orange, spinach, chard, kale, lettuce, lemon, cilantro, parsley, wheatgrass, ginger, mint oregano oil and cayenne pepper



CLEAN LATTES Any way you like them



-250 kcal



+15g protein



keto

Todas las leches, cold brew y chocolate están hechos en casa by mora mora

Choose any homemade milk

- mora mora almond milk
- mora mora house blend (cashew, coconut and oats)

Sweeten it (if you want)

- Date honey
- Coconut nectar

Ask for them hot or cold ;)



Vegan Latte \$70

Cold brew and almond milk



Ginger Coffee Latte \$85

Cold brew, cold pressed ginger and almond milk



Cold Brew \$65

Cold brew and water +coconut nectar



Golden Latte \$80

Cold pressed turmeric, cinnamon, cayenne pepper, cardamom and maple with almond milk

Give your drink a boost

- Adaptogen boost (\$20)
(reishi, ashwaghanda and maca)



Matcha Latte \$70

Almond milk, matcha and water



Xoco Latte \$70

Almond milk, cocoa, chocolate, maple, mesquite and Himalayan salt



Mocca Latte \$70

Almond milk, cocoa, chocolate, maple, cold brew, mesquite and Himalayan salt

Fun fact!

We get up at 5:00 AM daily just to "milk" our almonds



Mirreishi Frap

\$97

Cold brew, almond milk, reishi and date honey



Matcha Frap

\$80

Almond milk, matcha and date honey



Protein Coffee Frap

\$89

Cold brew, almond milk, vanilla protein and date honey



Vegan Latte

\$70

Cold brew, almond milk and date honey

Herbal teas \$60 (order them hot or cold)

- **Bancha:** Light flavored organic green tea
- **Pu-Erh:** Energy boosting green tea
- **Verde con jengibre:** Sencha green tea with ginger
- **Moras:** Mix of blackberry, elderberry and hibiscus flower

- **Chai herbal:** Tisane rooibos, ginger, cinnamon and lemongrass
- **Om:** Tisane cardamom, saffron, licorice, fennel, ginger, cinnamon, rosebuds, lemongrass and rose essence

mora MARKET® GRAB & GO



+15g
protein

keto

Everything produced daily by mora mora in our production plant

We produce everything daily, making our items extra fresh and perfect for you to -literally- grab and go. Whether it's breakfast, lunch, dinner or dessert, we've got it.

CHANGES IN INGREDIENTS NOT AVAILABLE.



Chía n' Oats \$105

Oats, chia, almond milk, cinnamon, date honey and Himalayan salt

Includes 3 toppings



Raw Oats \$65

Oats, cashew, water, date honey, vanilla, cinnamon and Himalayan salt

Includes mora mora jelly



Zucchini pesto \$75

Zucchini, baby spinach, almonds and cherry tomatoes

Pesto dressing.

Gluten free.



El Dorado \$95

Turmeric quinoa, roasted chickpeas, baby spinach and coconut sauce

Cashew-garlic dressing



Habibi Protein \$95

Farro, lentils, cherry tomatoes, cucumber, kale, sunflower seed and herbs

Zaatar vinaigrette



Poke 2.0 \$95

Brown rice, roasted beet, cucumber, edamame, baby spinach, sesame seeds and almonds

Ginger-sesame dressing



Spring Rolls \$115

Rice paper, soba noodles, portobello, carrot, cucumber, purple cabbage, edamame, jicama, cilantro and mint

Ginger-sesame dressing



Dip espinaca \$90

Cashew, onion, spinach, kale, nutritional yeast, lemon juice, garlic, olive oil, water and Himalayan salt

Includes baked tortilla chips. Ask for them at the counter



Arroz c/leche \$65

Water, almonds, rice, maple, Himalayan salt and cinnamon

Includes a crumble. Ask for it at the counter

mora MARKET® GRAB & GO

 **Everything produced daily by mora mora in our production plant**

From yummy nut spreads homemade by mora mora to healthy snacks for your day to day life or for your furry four-legged friend, we've got it.

CHANGES IN INGREDIENTS NOT AVAILABLE.

We're nuts about nuts!



Almond Butter \$250

Almonds

Peanut Butter \$100

Peanuts

Cashew Butter \$295

Cashews

Nutty Nutty \$205

Nut mix, sweetened with maple syrup

Extra tasty snacks



**Mango deshidratado
\$80**

Sundried mango
*Seasonal



**Piña deshidratada
\$75**

Sundried pineapple
*Seasonal



**Coconut Flakes
\$40**

Sundried coconut
flakes



**Cacao Nibs
\$90**

Cacao nibs.
Yeah, we know.



Power Balls \$55

Oats, cocoa, date
honey, chia, cacao
nibs, Himalayan salt
and peanut butter



Clean Cookies \$95

Cashews, maple syrup,
arrowroot, chocolate,
mesquite, organic
vanilla extract and
cinnamon



Woof Snacks \$50

Perfect for your furry
friend! Oats, peanut
butter, water and
vegetable oil



**Scan to explore
mora MARKET®**

*Our online market, where
you can find anything
from fresh produce to
unbelievable substitutes!*

MANIFESTO

There's no shortcuts for top quality products

We believe in one thing:
THE POWER OF PLANTS

KNOWLEDGE is POWER

NO BULLSHIT JUST CLEAN

COUNT NUTRIENTS OVER CALORIES
ANIMALS ARE FRIENDS, NOT FOOD

DAIRY IS SCARY

GUESS WHAT PROTEIN COMES FROM PLANTS

No processed FOODS Beyond this POINT

DON'T WORRY YOU'RE NOT GONNA DIE
YOU'RE GONNA FEEL BETTER THAN EVER

NOT
ALL SUGARS ARE CREATED EQUAL

VEGAN
is not necessarily healthy, go
PLANT BASED
HABITS
OVER **GENETICS**

No one will argue eating
VEGETABLES
are bad for you

80% CLEAN EATING, 20% EXERCISE
100% MINDSET

ABOUT US

As told by co-founders Miriam and Daniel

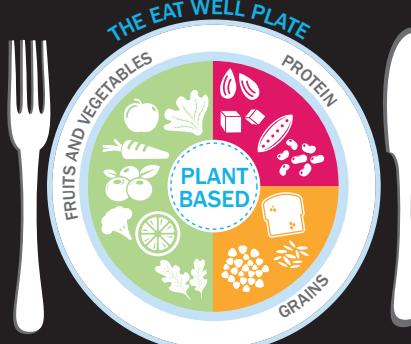
We started off with a business that became our lifestyle. We're convinced that a plant based diet is the best way to care for our body, respect animals and reduce our carbon footprint.

Throughout these 6 years, we've had our ups and downs, but thanks to you, our dreams keep coming true towards building a **bullshit free world**.

We believe in a better world where we connect with nature and respect it, care for the wellbeing of animals and care about being healthy in mind, body and soul. That's why, since 2014, we've been working towards a change in Mexico and the planet.

All our products are 100% plant based, our packaging is compostable (and in some cases, returnable) and we're focused on making a positive impact. We know we've got a lot to work to do so we're constantly searching for new opportunities.

Our main goal is to help you improve your habits, care for the planet and respect all animals, one meal at a time.



mora
mora

Important
Take it one step at a time.
Rome wasn't built in a day ;)